Racing ACEs
if it’s not racially just, it’s not trauma informed

Adverse Childhood Experiences*

- Early Death
- Disease, Disability, and Social Problems
- Adoption of Health-risk Behaviours
- Social, Emotional, & Cognitive Impairment
- Adverse Childhood Experiences

Historical Trauma/Embodiment of Oppression

- Early Death/Quality of Life Loss for POC
- Burden of Dis/ease for POC
- Coping (risk - embodiment and exposure to structural racism and white supremacy)
- Allostatic Load, Disrupted Neurological Development, White Fragility, Grief & Rage of POC
- Social Identity Threat, Micro and Macro Aggressions, Complex Trauma, ACEs
- Structural Racism, White Supremacy
- Social Devaluation of People of Color
- Intergenerational Transmission of Trauma
- Historical Trauma

*https://www.cdc.gov/violenceprevention/acestudy/
Adapted by RYSE, 2016