QARI Survey on Local Community Resources

1. What’s your name?
2. Are you? ○ Female ○ Male
3. What is your age range? ○ 18-25 ○ 26-35 ○ 36-45 ○ 46-55 ○ 56-65 ○ 66 above
4. What is your favorite outdoor activity?
   ○ To do something with my family or friends
   ○ For fun and enjoyment
   ○ For exercise or fitness
   ○ To fit in the life in the US
   ○ To be outside
   ○ Other (please write out) ____________________________
5. Why is this activity your favorite activity? (please choose one or more circles)
   ○ To do something with my family or friends
   ○ For fun and enjoyment
   ○ For exercise or fitness
   ○ To fit in the life in the US
   ○ To be outside
   ○ Other (please write out) ____________________________
6. Who do you do this activity with? (Please choose one or more circles)
   ○ Alone (yourself)
   ○ family (parents, siblings, grandparents, aunts, uncles, cousins)
   ○ Friends
   ○ Coworkers
   ○ Other (write what other people) ____________________________
7. Where do you most often do this activity? (Please choose only ONE circle)
   ○ My yard
   ○ Local community center
   ○ Parks in my neighborhood
   ○ Other area or parks outside of my neighborhood, but within my town/city
   ○ Other area or park outside my town/city
   ○ Other (please indicate where) ____________________________
8. How do you usually get to your favorite outdoor activity? (Please fill in only ONE circle)
   ○ I walk
   ○ I ride a bike
   ○ I take the bus
   ○ I take the train
   ○ My family/friends drive me in a car
   ○ I usually drive a car to get to the activity ○ Other ____________________________
9. Check the recreation spots that you have been to.
   ○ Blue Hill
   ○ Quincy Shore Reservation
   ○ Boston Harbor Island
   ○ Roxbury Heritage State Park
   ○ Squantom Point Park
   ○ Franklin Park Zoo
   ○ Castle Island
   ○ Neponset River Reservation
   ○ Other place you’ve been to ____________________________
10. How much do you agree with each of the following sentences? (Choose one )
<table>
<thead>
<tr>
<th></th>
<th>Agree A Lot</th>
<th>Agree A Little</th>
<th>Disagree A Little</th>
<th>Disagree A Lot</th>
</tr>
</thead>
<tbody>
<tr>
<td>It is important to spend time with nature.</td>
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<tr>
<td>It is important to bond my family outdoor.</td>
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<td>I feel connected to the natural world around me.</td>
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<td>I feel comfortable outdoors in a natural environment.</td>
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<td>I can use the outdoors as a place to deal with stress.</td>
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<td>I like to try new activities with family and friends.</td>
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11. What could be done that would help you to participate in outdoor activities more often? (Please select ONE of the following actions)
- Provide areas for these activities that are just for my age
- Provide equipment (like sports equipment, playground equipment)
- Provide more recreation areas closer to my home
- Provide safer ways to get to recreation areas close to my home
- Provide transportation to recreation areas and activities
- Provide instruction or lessons
- Improve the feeling of safety in parks I’d like to use
- Provide more afterschool programs or community programs in my area that offer these activities.
- Other ____________________

12. Do the reasons below keep you from doing outdoor activities?

<table>
<thead>
<tr>
<th>Reason</th>
<th>Yes</th>
<th>No</th>
<th>Sometimes Reason</th>
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</thead>
<tbody>
<tr>
<td>I’m too busy with chores and work.</td>
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<tr>
<td>I’d rather be on the Internet (Facebook, surfing the web) or watch TV.</td>
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<td>I'm new and not familiar with this area.</td>
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<td>A recreation area or park is too far away to walk, drive or ride my bike</td>
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<td>No one in my family does these activities</td>
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<td>I don't have friends to go with me</td>
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<td>I don't know how to do outdoor activities</td>
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<td>It isn't safe to do these activities near where I live</td>
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<td>It is too hot or cold outside (or other weather reasons)</td>
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<td>Other (please write the reason or reasons)</td>
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