

QARI Survey on Local Community Resources

1. What's your name?
2. Are you? Female Male
3. What is your age range? 18-25 26-35 36-45 46-55 56-65 66 above
4. What is your favorite outdoor activity? _____
5. Why is this activity your favorite activity? (please choose one or more circles)
 - To do something with my family or friends
 - For fun and enjoyment
 - For exercise or fitness
 - To fit in the life in the US
 - To be outside
 - Other (please write out) _____
6. Who do you do this activity with? (Please choose one or more circles)
 - Alone (yourself)
 - family (parents, siblings, grandparents, aunts, uncles, cousins)
 - Friends
 - Coworkers
 - Other (write what other people) _____
7. Where do you most often do this activity? (Please choose only ONE circle)
 - My yard
 - Local community center
 - Parks in my neighborhood
 - Other area or parks outside of my neighborhood, but within my town/city
 - Other area or park outside my town/city
 - Other (please indicate where) _____
8. How do you usually get to your favorite outdoor activity? (Please fill in only ONE circle)
 - I walk
 - I ride a bike
 - I take the bus
 - I take the train
 - My family/friends drive me in a car
 - I usually drive a car to get to the activity Other _____
9. Check the recreation spots that you have been to.
 - Blue Hill
 - Quincy Shore Reservation
 - Boston Harbor Island
 - Roxbury Heritage State Park
 - Squantum Point Park
 - Franklin Park Zoo
 - Castle Island
 - Neponset River Reservation
 - Other place you've been to _____
10. How much do you agree with each of the following sentences? (Choose one)

	Agree A Lot	Agree A Little	Disagree A Little	Disagree A Lot
It is important to spend time with nature.				
It is important to bond my family outdoor.				
I feel connected to the natural world around me.				
I feel comfortable outdoors in a natural environment.				
I can use the outdoors as a place to deal with stress.				
I like to try new activities with family and friends.				

11. What could be done that would help you to participate in outdoor activities more often? (Please select ONE of the following actions)

- Provide areas for these activities that are just for my age
- Provide equipment (like sports equipment, playground equipment)
- Provide more recreation areas closer to my home
- Provide safer ways to get to recreation areas close to my home
- Provide transportation to recreation areas and activities
- Provide instruction or lessons
- Improve the feeling of safety in parks I'd like to use
- Provide more afterschool programs or community programs in my area that offer these activities.
- Other _____

12. Do the reasons below keep you from doing outdoor activities?

	Yes	No	Sometimes Reason
I'm too busy with chores and work.			
I'd rather be on the Internet (Facebook, surfing the web) or watch TV.			
I'm new and not familiar with this area.			
A recreation area or park is too far away to walk, drive or ride my bike			
No one in my family does these activities			
I don't have friends to go with me			
I don't know how to do outdoor activities			
It isn't safe to do these activities near where I live			
It is too hot or cold outside (or other weather reasons			
Other (please write the reason or reasons)			

