THE BENEFITS OF IMPROVISATION
for the Adult Education Classroom

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• Team building, listening and effective communication
• Enhances ability to embrace and deal skillfully with the unexpected
• Lessens stress
• Builds strong bonds among diverse groups
• Develops leadership
• Enhances creativity
• Supports risk-taking and lessens fear of failure
• Relates to everyone as responsible builders of the learning environment
• Makes use of the unexpected in a way that supports pedagogical goals
• Increases focus
• Offers a structured way to have fun and release energy
• Helps teachers more effectively attend to individual learning styles while working with the whole group