

PERSISTENCE STUDIES & LEARNING MATERIALS

[Learner Persistence Program Self-Assessment](#) (Program Practices) by Andy Nash at World Education 2009.

[Making It Worth the Stay: Findings from the New England Adult Learner Persistence Study](#) A great overview of the what programs did to increase learner persistence and a summary of reflections on outcomes and unforeseen complications.

[Helping Adults Persist: Four Supports](#), by John Comings, Andrea Parrella, & Lisa Soricone 2000. NCSALL. The article that galvanized the field's focus on persistence.

Helping Adults Persist. [NCSALL Seminar Guide](#).

A comprehensive study-circle guide for practitioners to meet three times, each time for 3.5. hours. Fantastic materials and resources.

TEACHING METACOGNITIVE SKILLS

Jennifer Cromley. [Learning to Think, Learning to Learn: What the Science of Thinking and Learning Has to Offer Adult Education](#). National Institute for Literacy, 2000.

Teaching Excellence in Adult Literacy: [TEAL Center Fact Sheet No. 4: Metacognitive Processes](#) Revised 2012
https://teal.ed.gov/documents/TEAL_JustWriteGuide.pdf

EFFECTIVE STUDY SKILLS

The Learning Scientists: www.learningscientists.org

A website by cognitive scientists for Higher Education educators and their students. Superb downloadable resources, videos, blog posts for more advanced adult ed learners.

[Strengthening the Student Toolbox](#) in American Educator by John Dunloskey (2013):
One of the first and certainly the most efficient overview of research to that date.