

Stages of Life –

Adolescent - Teenage Years, 12 – 18 years old

Vocabulary: teen, adolescent, puberty, menstruation, body changes, emotions, intellect, interests

1. How did you stay healthy as a teen?
2. Were you healthy?
3. What did you like to do?
4. What activities did you do?
5. What do you remember about your teen years?
6. How did you relax?
7. What did you love to do?
8. What was your passion?
9. What was your dream?
10. Did you go to school? Talk about your school.
11. What helped you to learn?
12. Did you go to the doctor? Why?
13. Do you remember when your body changed?
14. How did you feel with the changes?