BUILDING A LEARNING PLAN

**BIG GOAL:** Why did you sign up?

**COMPONENT SKILLS:** What do you need to know to reach this goal?

**SKILL DEVELOPMENT:** How can you build these skills?

<table>
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<th>Skill 1:</th>
<th>Skill 2:</th>
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<td>Activity:</td>
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MONTHLY LEARNING PLAN: What will you do to learn the skills? How often?

Every week I will: Week 1 Week 2 Week 3 Week 4

____________________________________
____________________________________
____________________________________
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____________________________________

1. Big Goal Now you have a plan. What problems may come up?

I plan to __________________________________________________________________________.

This is a problem that may come up: If this happens, I will ______.

a. 

This is a problem that may come up: If this happens, I will ______.

b.

I plan to __________________________________________________________________________.

This is a problem that may come up: If this happens, I will ______.

a. 

This is a problem that may come up: If this happens, I will ______.

b.