Smart Social Media
For Adult Learners
Level 3/4
Objectives

1. I can recognize and list common social media platforms
2. I can identify and investigate the benefits and dangers of the internet.
3. I can start a conversation about social media and screen time with my family.
What is Social Media
Types of Social Media - Photos & Videos

Why do people share photos and videos on social media? What kind of photos and videos do people share?
Types of Social Media - Messaging

What do people use messaging apps for? Who do we message?
Benefits and Dangers of Social Media
What is Cyberbullying

Using technology and devices, such as social media, a private website, or mobile phones to deliberately target someone.

Image Credit: https://sbt.blob.core.windows.net/storyboards/anna-warfield/cyberbullying2.png
How can we be safe?
Cyberbullying
How do I help?

What can Maria’s mother do to help her?:

Maria, can I come in?
Okay...

Is anything wrong? You have been in your room all day.

Someone posted on Facebook saying I was trying to steal Fabiana’s boyfriend, but that’s not true!

Now everyone is saying I’m terrible and no one wants to be my friend anymore.

I am so sorry that is happening, Maria. I think I can help.
Screen time

How to check screen time on iOS:

How to check screen time on Android:
Screen time

What apps do you spend the most time on? How much time do you spend on your phone? The teacher spends ______ on their phone.

Doctors think we should limit our time to 30 minutes on social media. How much time do you think you should spend on social media? How much time should your kids?
Dad: Guess what I learned about in English class today?

Son: What?

Dad: I learned about social media! Look at my screen time. I spent 1 hour on Facebook. Social media is fun but I think I spend too much time on Facebook. What about you?

Son: Wow 1 hour! I spent 2 hours on Instagram.

Dad: Oh what app is that? Can you show me?

Son: Instagram is really cool! You can look at photos from your friends and people around the world.

Dad: That sounds fun! I like facebook but I am going to try and only spend 30 minutes on it tomorrow. How much time do you think you should spend on Instagram?

Son: I do use Instagram a lot. Maybe I can use it for only 1 hour tomorrow.
Let’s Talk

How can we start a conversation?

We think...

Conversation Sentence Starters

- Guess what I learned in English class today?
- My favorite app is _____ I use it for _______. What apps do you like?
- Oh, what app is that? Can you show me?
- Look at my screen time! I spent_____ on _____. What about you?
Learn more!

Common sense media in Spanish and English

https://www.commonsensemedia.org/
https://www.commonsensemedia.org/latino

Netaware app checker

https://www.net-aware.org.uk/networks/

Making a screen time plan in English and Spanish

https://www.healthychildren.org/English/media/Pages/default.aspx
https://www.healthychildren.org/spanish/media/paginas/default.aspx
How can we use these tools?

Common sense media in Spanish and English

We can use this to...

Netaware app checker

We can use this to...

Making a screen time plan in English and Spanish

We can use this to...
Objectives Exit Ticket

I can recognize and list common social media platforms

Social media platforms we learned about:

I can identify and investigate the benefits and dangers of the internet.

Benefits and Dangers we learned about:

I can start a conversation about social media and screen time with my family.

Things we can do to start conversations with our families: