

Smart Social Media

— For Adult Learners —
Level 3/4

Objectives

1. I can recognize and list common social media platforms
2. I can identify and investigate the benefits and dangers of the internet.
3. I can start a conversation about social media and screen time with my family.

What is Social Media



Types of Social Media - Photos & Videos

Why do people share photos and videos on social media? What kind of photos and videos do people share?



Instagram



Snapchat



facebook



YouTube

Types of Social Media- Messaging

What do people use messaging apps for? Who do we message?

kik.



WhatsApp



twitter



Facebook Messenger

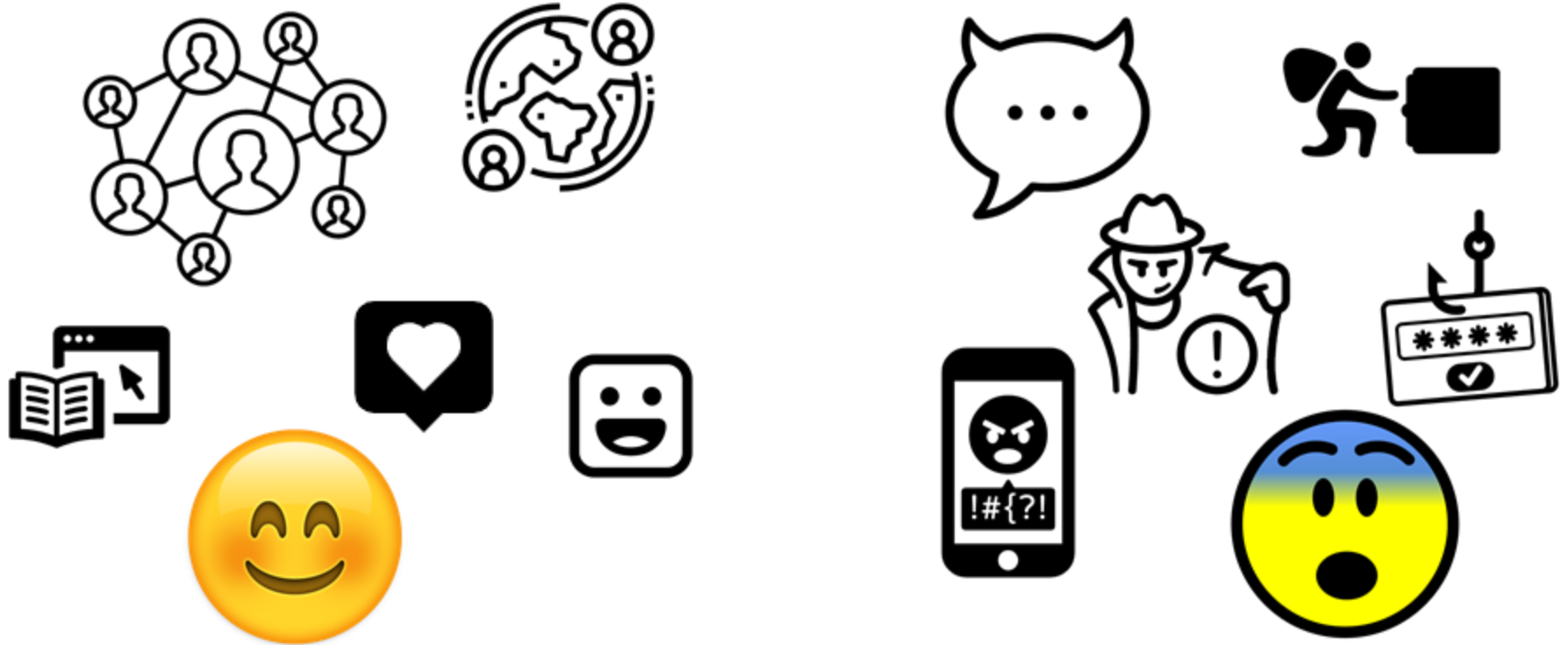


reddit



DISCORD

Benefits and Dangers of Social Media



What is Cyberbullying

CYBERBULLYING

Using technology and devices, such as social media, a private website, or mobile phones to deliberately target someone.

EXAMPLE 1



EXAMPLE 2



EXAMPLE 3



Create your own at Storyboard That

Image Credit: <https://sbt.blob.core.windows.net/storyboards/anna-warfield/cyberbullying2.png>

How can we be safe?



Cyberbullying

How do I help?



Create your own at [Storyboard That](#)

What can Maria's mother do to help her?:

Screen time

How to check screen time on ios:



How to check screen time on android:



Screen time

What apps do you spend the most time on? How much time do you spend on your phone? The teacher spends _____ on their phone.

Doctors think we should limit our time to 30 minutes on social media. How much time do you think you should spend on social media? How much time should your kids?

Conversation Mixup

Dad: Guess what I learned about in English class today?

Son: What?

Dad: I learned about social media! Look at my screen time. I spent 1 hour on Facebook. Social media is fun but I think I spend too much time on Facebook. What about you?

Son: Wow 1 hour! I spent 2 hours on Instagram.

Dad: Oh what app is that? Can you show me?

Son: Instagram is really cool! You can look at photos from your friends and people around the world.

Dad: That sounds fun! I like facebook but I am going to try and only spend 30 minutes on it tomorrow. How much time do you think you should spend on Instagram?

Son: I do use Instagram a lot. Maybe I can use it for only 1 hour tomorrow.

Let's Talk

How can we start a conversation?

We think...

Conversation Sentence Starters

- Guess what I learned in English class today?
- My favorite app is ____ I use it for _____. What apps do you like?
- Oh, what app is that? Can you show me?
- Look at my screen time! I spent _____ on _____. What about you?

Learn more!

Common sense media in Spanish and English

<https://www.common sense media.org/>

<https://www.common sense media.org/latino>

Netaware app checker

<https://www.net-aware.org.uk/networks/>

Making a screen time plan in English and Spanish

<https://www.healthy children.org/English/media/Pages/default.aspx>

<https://www.healthy children.org/spanish/media/paginas/default.aspx>



How can we use these tools?

Common sense media in Spanish and English

We can use this to...

Netaware app checker

We can use this to...

Making a screen time plan in English and Spanish

We can use this to...

Objectives Exit Ticket

I can recognize and list common social media platforms

Social media platforms we learned about:

I can identify and investigate the benefits and dangers of the internet.

Benefits and Dangers we learned about:

I can start a conversation about social media and screen time with my family.

Things we can do to start conversations with our families: