

Goal Setting Lesson Plan

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This lesson plan grew out of Emily's participation in the "Fostering Independence" workshop at First Literacy

Objective: Students will be able to give examples of goals. Students will define and categorize their own goals.

Grammar: Present Continuous / I want to / Why

Time: 1.5 hours

Task 1: Pictures and questions (group activity)

- Begin by distributing handouts with pictures and questions. Start with a picture of a soccer game with a player kicking the ball into a goal (this will be useful when we define the word "goal" at the end of the activity). Complete this first picture as a whole class to model questions and answers.
 - Additional pictures could include: family standing in front of a house with a "For Sale" sign, a driver reading a road map. End with a picture of students reading an English textbook.
- For each picture, students will answer three questions:
 - 1) What do you see in this picture? Nouns
 - 2) What is happening? Present Continuous statements
 - 3) What do they want to do? Why? They want to.... Because...
- Once students have completed this activity, review as a class, ending with the picture of students reading English textbooks. This will act as a transition into the next activity. At list point, circle back to the soccer "goal" picture and define the word.

Task 2: Why are you studying English? What is your goal?

- Ask students "Why are you studying English?", move beyond the typical answers of "because I want to learn how to speak/write/read English".
- Distribute handouts for students to complete, have students complete 3 sentences:
 - I am studying English because I want to _____.
- Have each student share his or her 3 goals with the class. Write students' goals on the board and if possible type all sentences up.
- Facilitate a discussion about goals; many students will have similar goals, which will generate great conversations!

Task 3: Group Goals and Categorization

- Print the list of student goals and distribute to the class.
- Have students categorize these goals into 3 groups: Jobs, Education, and Life.

I suggest hanging the list of student goals in your classroom. Additionally, have each student keep the handout with his or her personal goals. These can be returned to throughout the school year and will also help students mark their progress.