

# PERSONALIZED WRITING CURRICULUM WITH CAREER PLANNING FOCUS

BHA-Charlestown Adult Education Center

## PHASE ONE

Assess students for writing and computer literacy

Provide folder with test feedback and first writing task

Cursive worksheet

"How to..." essay

Note-taking and summary paragraph

Transferable skills assessment

Explore opportunities to contribute to program

Summary/response to an article

Transition to Phase Two:

- create and name folder on desktop
- create Word document, save to folder
- establish email account
- send draft documents as attachments

## PHASE TWO

Online research on possible career, training, college choices

Note-taking from documents and summarizing

Integrate information into essays, PPTs, and/or Action Plans

Identify and contact key informant, set up interview, develop questions

Attend college orientation session

Fill out FAFSA

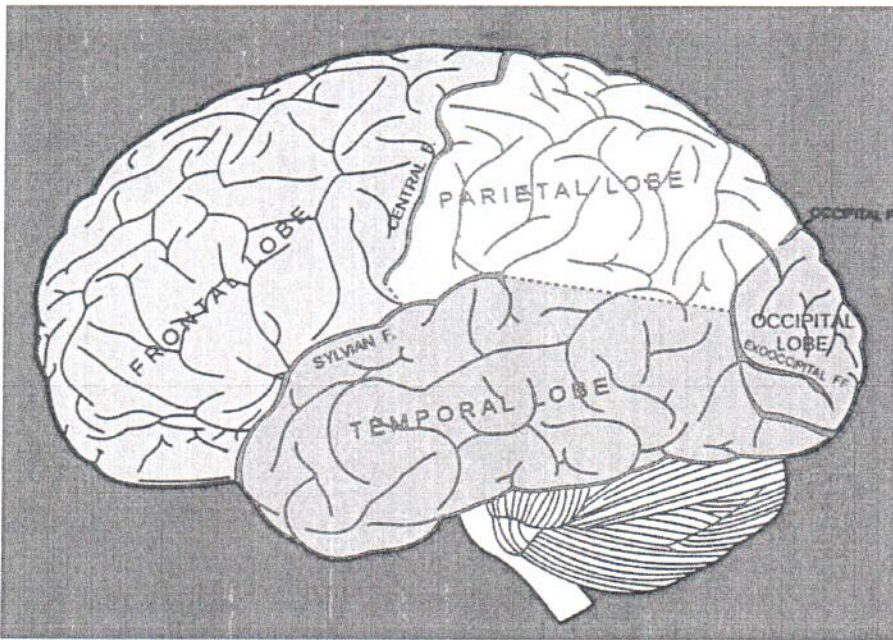
Apply to college, training

eHow » Health » Public Health & Safety » Medical Research » The Different Parts of the Human Brain

# The Different Parts of the Human Brain

By Charles Pearson, eHow Contributor

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The Different Parts of the Human Brain

The brain completely controls the body; it is responsible for the thought and actions that produced this article. The brain is responsible for thought, emotion, perception, memory, learning, movement and the coordinated regulation of the entire body. Nerves send information from limbs and organs to the brain and the brain sends messages through these nerves back to various parts of the body. Have a question? Get an answer from a doctor now!

## Other People Are Reading



What the Different Parts of the Brain Do?



Cognitive Brain Functions

## Main Parts

The four main parts of the brain are the cerebrum, cerebellum, brain stem and limbic system. The cerebrum makes up most of the brain, basically the entire grey part on the top. Beneath that is the cerebellum, which is small and shaped like a ball. Adjacent to the cerebellum is the brain stem, which extends from the center of the brain to the spine. Within the cerebrum is the limbic system.

## Related Searches

- Memory and the Brain
- Brain Stem Injury
- Parts of the Brain
- Brain Injuries
- Brain Damage



READ ARTICLE  
How to Deadlift With Free Weights

## You May Like



Parts of the Brain & Their Function



How Does the Brain Work?

How to Label the Human Brain

**Cornell Notes**

Lecture, reading/chapter/novel/article during class, power point, movies (if need to collect info.)

Topic: \_\_\_\_\_

Name: Rosalie

Class: \_\_\_\_\_ Period: \_\_\_\_\_

Date: \_\_\_\_\_

**Essential Question:**

The different Parts of the Brain

**Questions/Main Ideas:**

**Notes:**

Main Parts

The Cerebrum makes up most of the brain. The cerebellum is the brain stem, which extends from the center of the brain to the spine.

Cerebrum

exist for reasoning, planning, movement, emotions, and problem solving. The occipital is used for visual processing.

Limbic system

is the emotional part of the brain. The thalamus directs perceptions. The hypothalamus controls emotions. The amygdala regulates memory.

Cerebellum

<sup>called</sup> is the older parts of the brain, it was developed sooner than the cerebrum. The cerebellum controls movement. The importance of the cerebellum is made clear when someone receive damage to this part of the brain.

Brain stem

The brain stem is in charge of life functions. The mid brain controls functions and relays sensory information from

**Cornell Notes**

Lecture, reading/chapter/novel/article during class, power point, movies (if need to collect info.)

Topic: \_\_\_\_\_

Name: Rosalie

Class: \_\_\_\_\_ Period: \_\_\_\_\_

Date: \_\_\_\_\_

Essential Question:

Questions/Main Ideas:

Notes:

Sensory organs. The medulla oblongata regulates function heart beat and breathing.

To practice your English pronunciation, you can use The Change Agent's website. Here are the steps to take:

1. Open a web browser and typed in this web address:  
<http://changeagent.nelrc.org/>
2. Type in "massachusetts" for the user ID.
3. Type in "changeagent" as the password.
4. Click on the Current Issue.
5. Click on Jump to Table of Contents
6. Look for titles that have a headphone logo beside them. Then, check for a Level that's good for pronunciation practice—maybe Level 5 or 6. If the Level is too hard, pick a title with a lower Level; if the Level is too easy, pick a title with a higher Level.
7. Once the article opens, you can click on each sentence and hear it read aloud. You can practice reading it aloud to yourself as many times as you wish.
8. After your reading becomes very smooth, ask Carey to listen to you read the article aloud without the audio.

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# What Would You Do?

Read the following scenario and keep it in mind as you learn about patient education and nutrition.

Josephine, age 52, has just been diagnosed with type 2 diabetes mellitus related to obesity. Living in the home with Josephine are her mother, Susie, who is 80 years old; Josephine's daughter Jessie, who is 24 and pregnant; and Jessie's two very active children, ages 6 and 2. Susie has been diagnosed with a heart condition and must be on a soft diet that is low in cholesterol and sodium restricted.

Josephine's concern today is how she can maintain a diet acceptable for all the medical conditions in the

household while being sure the other family members will eat what is prepared. She thinks the children need sugar, but her mother needs to watch her sugar and salt intake to remain in a stable condition and not gain weight. Susie also needs her meals to be soft and easily chewable because of her decrease in intestinal motility. However, Jessie and her 2-year-old child both need a diet that allows the necessary fiber for adequate bowel activity.

If you were the medical assistant, how might you educate Josephine about nutrition and answer her questions?

1 One of the most important aspects of the medical assistant's job is patient education.

2 Patient education is the process of influencing patient behavior and causing the necessary changes in patient knowledge, attitudes, and skills that will maintain or improve the patient's health. Through patient education, medical assistants can help ensure that the prescribed treatment plan will be followed correctly. In addition, patient education is an opportunity to establish and build trusting relationships with patients.

In this chapter, besides learning about patient education, you primarily will learn important concepts of good nutrition. Medical assistants often need to educate patients about good nutrition and provide support and encouragement for patients prescribed a special diet by their physician.

3 Individuals with inadequate diets and poor nutritional status are more prone to disease. Teaching patients how to make adjustments in their lifestyle (e.g., good nutrition, proper exercise, smoking cessation) is an area in which medical assistants have the opportunity to improve patients' quality of living. To perform effective patient education in the area of nutrition, medical assistants must understand not only patient learning styles and the teaching-learning process but also dietary guidelines, principles of nutrition and nutrients, nutrition through the life span, nutrition for patients with chronic disease, and diet therapy.

4

## PATIENT EDUCATION

The goal of any treatment for a disease or condition is to manage it successfully and eliminate it if possible.

5 Successful management requires that the patient be well informed about the illness, as well as the necessary actions for controlling or correcting it. Changes in patient behavior, including dietary habits, lifestyle, and use of medications, are often important parts of the prescribed treatment plan.

6 Understanding how their illness and is controlled or corrected influences patients' behavior and increases the likelihood that the treatment plan will be followed. Effective patient education is the key to helping patients understand the situation and the need for these changes.

A solid understanding of human behavior and effective communication techniques are necessary to perform effective patient education.

7 In addition to understanding human behavior and communication principles, medical assistants should know about different learning styles, as well as what takes place during the teaching process.

### Learning Styles

8 People learn in different ways. You may have known people who learned best by doing or who learned best by watching someone else. Other people learn best by reading or listening to someone speak about how to do the task. Keeping in mind that people learn in different ways will help you find the best way to educate each individual patient. It is best to discuss expectations and goals with the patient and allow the patient to be part of developing a treatment plan. This also helps the medical assistant determine how the patient learns or processes information.

9 Three types of learning are cognitive, affective, and psychomotor. Learning experiences that incor-

## Action Plan for College or Career Next Steps

Name Rosalie

Date Action Plan Developed Jan 20 2016

Page Number: 1

Goal:

NOTES

Action Steps	Timeline	Progress to Date	Program Support
① I need to pass my rise of test	next years		
② after that looking where Tom Sany to college visit Banks Hill College. I need to understand more	<u>Sept - Oct 2016</u>		
③ and to improve my Tom slash. I need to put this year because when you have something to do you supposed to make a plan how, when to do it. Research the school, check	=====		
④ the time who signs to be good for me to learn &	=====		

**From:** Carey Reid [carey55@gmail.com]

**Sent:** Wednesday, January 06, 2016 3:48 PM

**To:** Carolan-Bolognese, Margaret A.

**Cc:** riatoby@yahoo.com; Marie Thomas; Nerlande saimphard; Roselie Marie Dodieu; Lori Dalleva

**Subject:** Questions for a meeting with students

Dear Ms. Carolan,

Thank you for agreeing to meet with our students who are interested in careers in medical fields. The students met today to create questions they would appreciate your help with. Can you meet with us next Wednesday at 1:30-2:30 PM?

There is no need for you to prepare anything written for us. The students will be practicing taking notes for our session with you.

Thank you!

Carey Reid

1. What are the main qualities to being a successful CAN, LPN, and CMA?
2. What are the best schools to attend to obtain a Bachelor's degree in the CNA, LPN, and CMA areas?
3. How long does it take to obtain a Bachelor's degree?
4. How does it take to get a CNA license?
5. What do you need to study to obtain an LPN?
6. How should one apply for a job in the medical field?
7. What does an employers look for from an applicant and what do they actually look at on an application?
8. What are the benefits for jobs in the medical field?
9. After completing school, what are the next steps that we should take?
10. What difficulties could we fact while studying for our CNA, LPN, or CMA?
11. How important is it to be professional?
12. What type of license do we need to obtain if we want to travel and work in multiple states and countries?
13. What are some challenges working in the medical field?